

Up and Down Song

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Stand up
Sit down
Stand up and turn around
Don't be fast and don't be slow
Listen how this song will go
Sit down
Look up
Put two arms in the air
Don't be fast and don't be slow
Listen how this song will go
Up and down
Up and down
Up and down we'll
Let's get together and have some fun
Yahoo!
Singing the up and down song